



## MASTER'S DEGREE 2<sup>nd</sup> YEAR

### ADAPTED PHYSICAL ACTIVITY AND HEALTH (APA-S)

### PROGRAMME: Intervention and Management in APAS

2020-2021

ADMINISTRATIVE  
AND  
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\*MPSI RESEARCH PROGRAMME: SEE APA-S MPSI brochure

**Subject to Change**  
Non-binding document  
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**Description of teaching units (*unités d'enseignement* - UE) in terms of targeted skills.**

**SEMESTER 3** - Key skills: **Analyse and understand the professional environment and socio-economic and political context / Master the use of methods and tools to conduct a diagnosis of APAS needs and resources.**

APOGEE CODE	Courses	ECTS (European credits)	Targeted skills: be able to	Status	Hours in class	Pers. study
LGSP2AM	English (Semester 3)*	3	Give an oral presentation of a professional project in connection with adapted physical and sporting activities Oral (audio and video documents) and written (scientific articles) comprehension  Draft a communication document (letter, activity report, account)	Compulsory	24 (tut.)	60 hrs
SPT2085M	APA and vulnerability: sociological approach	3	Define and explain the key concepts Situater the concepts within different theoretical approaches Understand Physical Activity actions in terms of its ability to respond to fragility and vulnerability		24 (tut.)	60 hrs
SPT2078M	Statistics (level 2)*	3	- Be able to conduct a statistical analysis of univariate, bivariate and multivariate data and to have good knowledge of inferential procedures  - Read and reuse statistical results from scientific literature  - Present and draft statistical results		24 (tut.)	60 hrs
SPT2086M	Manage a professional APA project	9	- Master the notion of 'project management'  - organise and implement the methodology at different stages and complete the project in conjunction with the work placement in the health, social or socio-medical sector.		100 (tut.)	60 hrs
SPT2087M	Evaluate and coordinate therapeutic education in APA	3	- Coordinate professional actions based on physical activities in the legal and regulatory framework of therapeutic education - Master the use of the methodology of an evaluation process and implement it  - Produce a critical analysis of the scientific literature to optimise the transfer of theoretical knowledge on the ground.		24 (tut.)	60 hrs
SPT2088M	APA organisations and public policies	6	Know and master the health and socio-medical ecosystem in France Analyse/design a public policy in health / sport and health Understand the role and position of different stakeholders during the 'life' of a public policy Manage an evaluation process		46 (tut./prac.)	120 hrs
SPT2089M	Strategy and evaluation of services	3	Conduct a strategic diagnosis in your professional environment Analyse the external context and internal strategy (in the work placement context)		22 (tut.)	60 hrs

**SEMESTER 4** - Key skills: **Design, organise and manage a service project in APA-S**

APOGEE CODE	Name of UE		ECTS (European credits)	Targeted skills: be able to	Status	Hours in class	Pers. study
SPT2090M	Law and legislation in the different APA-S sectors		3	<ul style="list-style-type: none"> <li>- Use the concepts of vulnerability and responsibility in the context of situations encountered in the health and socio-medical sectors with reference of the law on public health, social action and the family</li> <li>- Acquire the notions of legal liability with regard to professional secrecy</li> <li>- Master the use of tools to prevent abuse and risk management</li> <li>- Master the legal and regulatory framework of establishments and intervention in terms of physical activity and sport</li> </ul>	Compulsory	30 (tut.)	60 hrs
SPT2091M	Budget management and financial resources		3	<ul style="list-style-type: none"> <li>- Analyse an administrative account</li> <li>- Conduct a management analysis by analysis of the balance sheet and profit and loss account</li> <li>- Respond to a call for projects to obtain financial resources</li> </ul>		24 (tut.)	60 hrs
SPT2092M	Human resources management - 2		3	Use the practical principles of operational and functional human resources management in the interests of a more human-centred management of relations, particularly in the areas of recruitment, training career management, motivation and the basics of labour law.		34 (lect./tut.)	60 hrs
SPT2093M	Professional Experience in APA-S	Work placement in the social, health or socio-medical sector	21	Analyse and understand the professional environment of the work placement in its socio-economic and political context. Develop professional expertise and soft skills in collaboration with other professionals			
		Development of an APA service/scheme		Design an APA-S service <ul style="list-style-type: none"> <li>- in response to the diagnosis of the needs and resources of the target groups and establishments and in line with regional health, social and socio-medical projects.</li> <li>- by defining the conditions for its economic and professional viability.</li> </ul>		134 (tut./prac.)	420 hrs

## 1- Course objectives and description

The Master's degree in Adapted Physical Activity and Health (APA-S) has been taught for more than 13 years and offers two programmes: one professional (IGAPAS) and the other research-based (MPSI). The objective of the IGAPA-S professional programme (Intervention and Management in APA-S) is to train managers able to design and implement innovative systems:

- based on the epistemological, methodological and ethical framework of APA,
- meeting the needs of target groups
- and contributing to the projects of the organisations in which they work.

At the end of the APA-S Master's degree, graduates have acquired scientific, professional and sporting skills, as presented in the RNCP file for the Master in Adapted Physical Activity and Health: <http://www.rncp.cncp.gouv.fr/grand-public/visualisationFiche?format=fr&fiche=21149>. This threefold expertise enables graduates to design, plan, steer and evaluate programmes for prevention, health education, support, rehabilitation, reinsertion, therapeutic education and insertion through adapted physical activity (APA), as well as projects to promote adapted physical activity in line with the establishment's project.

The objective of the MPSI programme is to prepare for further study at doctoral level for future professional insertion in a research context in the academic and/or industrial sectors.

## 2- Admission requirements and recommended skills

Validation of the first year of a master's degree in APA-S and the ability to present a professional project clearly, both orally and in writing, with a defined work placement location.

## 3- Organisation of the course

M1/M2 coordination:

The teaching aims are distinctly separate and form a progression between the two years of the course.

The 2<sup>nd</sup> year focuses on the creation of APA-S services or enterprises. All classes and both professional dissertations to be produced contribute to forming APA-S developers.

## 4- Career opportunities and/or further study

The professional insertion surveys carried out with alumni show that 83.3% of graduates in the Master's in Sports Science specialising in IGAPA-S responding to the survey are in employment one year after completing the course. This high rate of employment indicates a very satisfactory professional insertion rate. The positions occupied concern the following professions: prevention project manager, APA coordinator, APA teacher, and APA development manager. Graduates integrate structures in the form of APA-S services within existing establishments, or business start-ups offering APA-S services.

## 5- Course assessment

Validation of the M2 requires the validation of both semesters. Validation of a semester requires the validation of the teaching units composing it, with a possible compensation of marks between teaching units, provided a minimum of 8/20 is achieved in each teaching unit.

No compensation may take place for the 'Project Management' (SPT2086M) and 'Professional Experience in APA-S' (SPT2093M) teaching units.

## 6- Student numbers and pass rate

		2016-17	2017-18	2018-19
M2 MPSI	Student numbers	17	23	18
	Pass	11	14	12
	Pass rate	65%%	61%	67%